

# Code of Conduct

## Scope

- Mentoring is fully inclusive and diverse in scope with no bias towards gender, disability, race, religion or colour.
- A mentor does not give advice, rather helps the mentee to weigh up situations, through a process of reflection, questions, challenge and feedback allowing the mentee to come to a decision themselves. Any opinions expressed by the mentor are purely that, opinions.
- The mentor will conduct themselves with dignity and will act in a way which respects diversity and promotes equal opportunities.

## Mentoring code

- The mentor's role is to respond to the mentee's needs and agenda; it is not to impose their own agenda.
- Mentors will agree with the mentee how they wish the relationship to work adopting the most appropriate level of confidentiality.
- Mentors will be aware of, and adhere to any current legislation relating to activities undertaken as part of their mentoring service.
- Mentors and mentees will respect each other's time and other responsibilities, ensuring they do not impose beyond what is reasonable.
- The mentor will ensure the mentee accepts increasing responsibility for managing the relationship; the mentor will empower them to do so and will promote the mentee's autonomy.
- Either party may dissolve the relationship at any time throughout the period of the mentoring relationship.
- The mentor will not intrude into areas the mentee wishes to keep private. They are however, required to help the mentee to recognise how other issues may relate to relevant areas of discussion.
- Mentors will be open and truthful with themselves and their mentee whilst participating in the mentoring relationship.
- Mentors will share the responsibility for the smooth winding down of the relationship with the mentee, once it has achieved its purpose and they are to avoid creating any situation of dependency.
- The mentoring relationship should not be exploitative in any way; neither may it be open to misinterpretation.
- Mentors should never work beyond the bounds of their capability, experience and expertise to the point where they do not feel confident in providing the mentee with proper support. Where appropriate, mentors should seek advice or refer mentees to another point of contact or support professional as necessary.
- The confidentiality of the client remains paramount at all times. At no time will a mentor disclose any part of the relationship to any person whatsoever, without the explicit agreement of the mentee.
- Mentors have a responsibility to highlight any ethical issues (such as conflicts of interest) that may arise during a mentoring relationship at the earliest opportunity.
- Mentors should not attempt to do the mentees job for them. The mentee has the ability and the potential and it is the mentor's task to help them realise it.
- Mentors will maintain their professional competence through participation in continuous professional development.